Break the Hold of Infirmity

If you think that I took you "out of the box" in *Disarming Deadly Doctrines*, you'd best tighten your seat belt, because this is outside even my own spiritual comfort zone!

The process I'm about to lead you through has to do with curses, which sounds alarms in my head and brings many questions to mind. It's not that I don't believe curses are real – the Old Testament makes it clear they were very real, indeed. But even in the Old Testament, God said we weren't going to do the "cursed to the third and fourth generation" routine anymore (Deut 5:9,10 and Ez 18:20)). Then, in the New Testament, Jesus took the sour wine to His lips as His last act on the cross, breaking the "father tastes sour grapes and the children's teeth are set on edge" rule (Jer 31:29,30). Those scriptures show that God dealt with what some people call generational curses. There are Christians today that spend weeks trying to go back into the past to see what they can repent of (that their ancestors did wrong) to break generational curses, when they've already been broken. Note that the original "third and fourth generation curses" were against idolators worshiping graven images – not against just normal, ordinary sinners. So much of the ado is for no reason, anyway.

Then what sort of curses are we talking about here? Well, if you check out Deuteronomy 28, the curses are a result of disobedience. Out of 64 verses, only 15 pertain to blessings. The rest are some pretty awful negative things the Lord calls curses, and He goes into great detail. You'll notice that not once in the blessings did God say we'd get sick but He's use it to teach us something. All sickness falls under the curses. One pastor I know of asked the Lord why He spent only 15 verses talking to us about blessings and 49 talking about curses, and the Lord responded that it was because we have no problem recognizing blessings, but so often we try to justify curses as coming from Him, when they are a result of the Fall. They come from our enemy

But Jesus fulfilled the Law and made us righteous, so we no longer qualify for the curses of Deuteronomy 28, only the blessings. We are so fortunate to live as New Testament believers! We are redeemed from the Old Testament curses, but qualified for the blessings, all thanks to Jesus!

So why am I bringing up the breaking of curses if they're Old Testament? Because when I read the document below aloud, a very painful issue in my ankle was instantly healed. So how could I not offer this to you as one of the many ways you can be healed – another opportunity Jesus will jump at to bless you?

I've come to the conclusion that, like every other blessing Jesus bought for us through His Passion – just like forgiveness/eternal life – we must recognize and accept that Jesus broke the back of every curse Adam and Eve brought down on us. "By grace though faith," it's given by His grace, then received through our faith. We must receive it. We can't just stare at it and expect it to work. He bought the gift and sent it to us. You might say we just have to "open the box."

Because of my instant healing (and perhaps other healings that were not visible/ Noticeable yet at the time), I've decided to go out on a limb and share this document with you. It can't hurt. There's nothing in it that contradicts the good things God wants for you. And do this right away. Read it ALOUD (necessary because it's our words, not our thoughts, that make things happen in the earth), take it to heart, and accept God's grace for your body.

Breaking the curse of physical and mental infirmities

In the name of Jesus, I renounce and break all curses of physical and mental infirmities that are on me and my future generations. This renunciation includes but is not limited to the following curses.

#1 Every genetic and congenital disease passed on by hereditary transference. This includes but is not limited to arthritis, cancer, epilepsy, fibromyalgia, gastrointestinal diseases, eyes, ears, nose, and throat diseases, heart disease, high blood pressure, pulmonary problems, all diseases of the joints and extremities, skeletal and musculoskeletal diseases, diseases of the lymphatic and endocrine systems, neurological conditions, vascular abnormalities, genital diseases, brain malfunctions, sickle cell anemia and all blood diseases and abnormalities, and all disorders of every internal organ.

- **#2** I renounce each and every disease, infirmity, disability, illness, sickness, ailment, abnormal condition, imbalance, disordered bodily function, infection, nutritional deficiency, and internal toxicity.
- **#3** I renounced every negative factor influencing my health, including those factors that are pathogenic, parasitic, poisonous, environmental, or caused by microorganisms, viruses, and genetic mutations.
- **#4** I break every curse intended to affect my overall health, bring about death or premature death, result in suffering, increased pain, heightened vulnerability to disease, or cause bodily malfunctions, to bring about wasting, loss of will to live, or fear of dying.
- **#5** I declare the healing of Christ to every physical abnormality or dysfunction and the restoration of my body to health and wholeness.

Attacks upon the organs

- **#1** I cancel the assignment of every cancer, including but not limited to cancer of the breast, cancer of the stomach, leukemia, and other cancers of the blood, cancer of the prostate, skin cancer, lung cancer, lymphatic cancer, brain cancer, cancer of the reproductive organs, and cancer of the colon and intestines.
- **#2** I rebuke every demonic attack causing tumors, uncontrolled cell growth, strokes or paralysis and all diseases including sickle cell anemia, Lou Gehrig's disease or ALS and other motor neuron diseases. Muscular dystrophy, diabetes, eczema and all other skin diseases, Parkinson's disease and every palsy, Crohn's disease, multiple sclerosis, Aids and all chronic diseases.

- **#3** I renounce and break all curses that have affected the eyes and that have resulted in poor eyesight including astigmatism, glaucoma, cataracts, detached retina, the results of diabetes, and any degree of blindness.
- **#4** I renounce and break all curses that have resulted in weight control and eating disorders including both overeating and undereating.
- **#5** I renounce and break all curses concerning heart issues including high cholesterol, congestive heart failure, heart murmurs, false cardiac arrests, heart arrhythmias, heart valve problems, blood clots, phlebitis, hardening and thinning and blocking of the arteries, and all fear of these conditions.
- **#6** I renounce and break all curses concerning pulmonary conditions including bronchial and lung infections, asthma, emphysema, allergic rhinitis or hay fever, sinusitis, bronchitis, and any other causes of poor lung capacity including that resulting from sleep apnea.
- **#7** I renounce and break all curses concerning skeletal abnormalities including curvature of the spine, scoliosis, and other bone or joint abnormalities or Infirmities
- **#8** I renounce and break all curses that have resulted in malfunctioning of the liver, skin, pancreas, appendix, reproductive organs, thyroid, gallbladder, kidneys, and any organ that affects the body systemically (that is, affecting the entire body).
- **#9** I renounce and break all curses that cause or intensify chronic pain including pain of the back and spinal column, pain that results from sprains, muscle tears, and diseased tissue and joints, and all pain that inhibits normal activity.
- **#10** I renounce and break all curses concerning cirrhosis, hearing problems, hyper- and hypoglycemia, ulcers, hepatitis, and any ailments resulting in swelling, edema, itching, burning, vertigo, paralysis, impotency, sterility, miscarriage, fainting, convulsions, or any other symptoms of ill health.

Mental health issues

#1 I break every curse associated with all forms of mental illness and emotional incapacitation including schizophrenia, paranoia, depression, bipolar disorder, manic depression, borderline personality disorder, lunacy, insanity and similar mental or emotional disturbances, obsessive compulsive disorder, panic attacks, post-traumatic stress disorder, agoraphobia, panophobia, narcissism, all anxiety disorders, autism, attention deficit disorders and hyperactivity disorders. **#2** I renounce all age-related attacks on my mind including but not limited to: dementia, senility, loss of memory, Alzheimer's, confusion, mental distraction and forgetfulness. **#3** I declare the healing of Christ to every mental health issue and restoration to health and wholeness.

By the stripes of Jesus I am healed (see 1 Peter 2:24). All my cells, all my DNA, all my chromosomes, all my organs, and all my senses must comply with God's divine order for my being. Every evil spirit assigned to destroy any aspect of my physical body is henceforth bound from causing further torment or harassment, in the mighty Name of Jesus.

Now praise your Heavenly Father, Who is your God that heals you. Any symptom that tries to come back, you tell it, "No! I am healed and made whole by Jesus' finished work."